

# Health Sciences Program

## KARNATAKA - India



	Bangalore/Kundapur/Maysore
	IIIT Bangalore University
	4 weeks
	Between 10-15 students (possibility to expand)

### Context

Due to the increasingly global and changing political, economic and social context, there is an urgent need to create ethical and sustainable actions that have a positive impact on unemployment, poverty and inequalities.

According to the Universal Declaration of Human Rights agreed upon in 1948, "Every person has the right to an adequate standard of living which ensures the health and well-being of himself and his family, especially food, clothing, housing, health care and necessary social services".

Health is a fundamental human right that still remains unrecognized in many countries. It is much more than merely the absence of disease. For example, India has a large health care sector and high-quality health services in major cities. However, in the small towns and villages, accessing appropriate medical care can be a problem.

As a result, we find ourselves in a very unfair situation. There are highly innovative programs with huge investments in research and development in cities such as Bangalore, while in the rural areas, the population does not have access to the most basic services. Women and girls are by far the most vulnerable in this situation.



### Learning objectives

- 1 Training program at NITE University in Mangalore offering a broad overview of the health situation in India. Focused on the intercultural aspect of health with truly innovative programs that respond to situations of extreme vulnerability in health related matters.
- 2 Students will be able to acquire skills and competences which will support them to integrate the challenges to access health care at a global and local level.
- 3 They will develop an understanding of how, in societies where the welfare State does not exist, it is possible to act from private philanthropic initiatives and they will verify and experience on the field the importance and impact of the third sector and volunteering programs in these kinds of situations.
- 4 The academic modules cover the competencies of multiculturalism, global citizenship, health innovation, accessibility and resources.
- 5 The students will work as part of a multicultural team in a high-impact sustainability project that is aligned with the Sustainable Development Goals.
- 6 The program offers to support the next generation of leaders to create and manage social and sustainable companies in the future.

## What is Included?

- 100-hour training course in public health at NITE University in Mangalore.
- Professional internships at the NITE University Hospital where they will accompany professionals from different specialized health issues in their day to day patient care, interventions and treatments.
- Professional practice in rural clinics carrying out field interventions and providing basic health services to nomad populations in the country.
- Volunteering with local NGOs that work in education and raise awareness on health education in their day-to-day work to prevent the development of diseases.
- Cultural activities to discover the local Indian culture. What challenges and opportunities do they face in public health?.

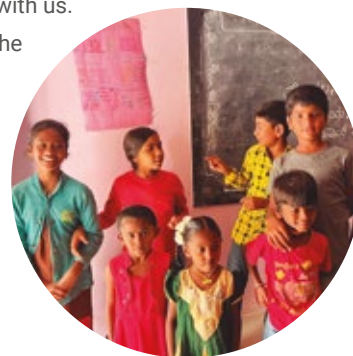


## Sports, cultural activities and interesting visits

We find it very important in a program like this to ensure that there is enough time for the students to also have fun while exploring a new country and its culture. Therefore, we include in the program a mix of sport and cultural activities suitable for all interests. Furthermore, there will be free time for students to participate in additional recreational activities of their own choice during their stay with us.

The project includes the following visits that may be extended depending on the availability of the students and the local partner.

- 1 day of Kayaking in Kundapur, visiting the mangroves and the beauty of the coast with its 100% tropical environment.
- 3 days at the end of the project, where they will discover local projects and activities such as a safari in a nature reserve, a cultural visit to the Mysore palace, the Tibetan Refugees center and the Byalakuppe Buddhist monastery in Mysore.
- 10 days in Mangalore in the university in the healthcare setting, learning and doing an internship. Discovery of the city and an ongoing presence in public health environments.



## Expected results

- 1 Train the next generation of professional health leaders, with a wide range of technical knowledge and intercultural competences.
- 2 To equip students with the necessary skills to identify and solve public health problems in an ethical and sustainable way. Furthermore, to empower them to develop an entrepreneurial spirit in this field based on critical, responsible, committed and creative thinking.
- 3 Using the development of indicators to measure the health, social and environmental impact of their actions.
- 4 A thorough understanding of the Sustainable Development Goals, the 2030 Agenda and its transversal application in economic and business activity.



## Complementary training

Global Youth Academy is Lea Global's e-learning platform that offers training on the United Nations 2030 Agenda and how to get involved, through actions, to the different SDGs. All projects include 120 hours of training at the Global Youth Academy, as well as ongoing online support on the topics developed.

