

Mysore

# Health sciences program in **KARNATAKA** - India



 Mangalore and Mysore, Karnataka

 July 2024 - 3 weeks

 NITTE University in Mangalore

 English

## Context

Health is a fundamental human right that still remains unrecognised in many countries. It is much more than merely the absence of disease. For example, India has a large health care sector and high-quality health services in major cities. However, in the small towns and villages, accessing appropriate medical care can be a problem.

As a result, we find ourselves in a very unfair situation. There are highly innovative programs with huge investments in research and development in cities such as Bangalore, while in the rural areas, the population does not have access to the most basic services. Women and girls are by far the most vulnerable in this situation.



## Academic Experience

- 1** You'll broaden your understanding of the health situation in India, from the most innovative programmes to the most vulnerable health situations.
- 2** You'll work hands-on in hospitals, volunteer with local NGOs and conduct research in different areas of interest to you. You will also be able to launch your own advocacy campaigns in this area.
- 3** You will understand the differences in accessibility to healthcare in the country and how you can contribute to improving the situation by joining existing initiatives or taking action to add value to existing services once needs have been identified.
- 4** You will develop competences in intercultural competence, in systems analysis and in the cross-cutting implementation of sustainable public health measures and access to health care for the whole population.

# Acquired Skills

- Technical and academic skills**
  - The healthcare system in India, its challenges and opportunities.
  - Different diseases and their treatments in this society and context.
  - Medical treatments and specific methodologies in place.
  - Interculturality in health sciences.
- Intercultural competence**
  - Competencies to work and interact with different cultures.
  - Expand self-knowledge by recognizing strengths and weaknesses.
- Systemic Analysis**
  - To understand the world as a system; the interrelationships, dependencies and North-South effects.
  - To develop the ability to establish the connections and subsequent alliances necessary to create innovative projects.
- Sustainability and impact measurement**
  - To understand the capacity for action on the 2030 Agenda.
  - To develop indicators to measure impact from an economic, social economical and sustainable value.
- Innovation in sustainable companies**
  - To increase the innovative capacity to find solutions to social, economic and sustainable problems.
  - To learn the following methodologies as tools to address economic and social entrepreneurship: Lean Startup, Theory of Change in Business Model Canvas, ChangeMaker.



# Global Competence Certificate

The programs include the option of the Global Competence Certificate (GCC) of AFS for Universities, both students and teachers, can be certified on the development of the resulted skills from the international experience.



The GCC is structured as following:

- Online modules subtitled** in different languages; Students will be able to do the course in English or with Spanish subtitles.
- Online forum space** to reflect with other students at global level.
- Test and exercises** to evaluate the acquired contents.
- Sessions with facilitators** for reflection, monitoring, and learning.
- Global Competence Certificate** once completed.



# Program Structure

The program is structured in four fundamental pillars that are organised as follows:

- Academic, dynamic and experiential content at NITTE University in Mangalore.
- Professional internships at the NITTE University Hospital.
- Accompanying local doctors in their daily work.
- Volunteering in NGO in Mysore, supporting projects at local clinics, gender projects in health and education.
- Continuous process of research and critical reflection on the experience and content acquired. You will have previously trained at the Global Youth Academy, the online school where you will discover how to actively participate in the 2030 agenda and you will be able to become certified in Global Competences with the AFS Global Competence.



## Online Training:

All our programmes include online training through our Global Youth Academy e-learning platform that addresses the themes of the United Nations 2030 Agenda and the Sustainable Development Goals (SDGs).

## Internship Experience:

During your stay, you will carry out your professional internship at the NITE University Hospital where you will accompany professionals from different specialisations in their patient care, interventions and treatments. You will also visit rural clinics, carrying out interventions in the field and providing basic health services to nomadic populations in the country.

You will spend 3-4 days a week working in the field with the project assigned according to your profile, getting to know the day-to-day activity, the challenges faced and the impact generated.



## Volunteering:

One day a week you will volunteer with local NGOs that work in education and integrate health awareness and education into their daily work, in order to prevent the development of diseases. You will be involved in cultural activities to discover Indian culture, challenges and opportunities in public health.

## Critical Reflection Workshops:

You will participate in workshops and spaces generated in order to reflect on relevant and innovative topics related to this transformative experience.

## Cultural Activities:

Weekends are reserved for relaxation and fun while exploring a new country and culture. Therefore, we incorporate into the programme a recommended mix of sporting and cultural activities suitable for all interests.

The project includes the following visits which can be extended depending on the availability of the students and the local partner.

- Day trips in Mangalore region to discover the nature and practice sports and outdoors activities.
- 3 days at the end of the course where you will discover local projects and activities such as a safari in the nature reserve and cultural visits such as the Mysore Palace, the Tibetan refugee reception centre and Byalakuppe Buddhist monastery in Mysore.





## Scoring and Evaluation

Course grades will be assigned individually based on a score developed from different variables as in the graph.

The evaluation report will be made for each student, which will include your development in all areas of the program, academic, volunteering, internship and research program. This report will be signed by Lea Global Pathways and the local partner.

In addition, you will take the **Global Competence Certificate, Global Up**, from AFS Intercultural Programs, recognized by companies and universities around the world.

Grades will be assigned using the following scale:

100%...A+, 92%... A, 89%...A-, 86%...B+, 82%...B, 79%... B-, 76%...C+, 72%...C, 69%...C-, 60%...D, 0...F



ITEM	%
Active participation and ability to contribute	30
Investigation project	20
Critical reflexion activities	20
Final project	15
Class attendance	15
<b>TOTAL</b>	<b>100</b>

## Accommodation and Board

Accommodation and meals depending on the location will be in:

- **Mangalore:** Campus of NITTE University
- **Mysore:** Volunteer Residence ODP NGO

You will be provided with private transport for transfers to the projects, as well as full board.

All group programmes at Lea Global Pathways are accompanied by the figure of a coordinator who has a leadership role with the group, coordinating activities and monitoring the fulfilment of the educational objectives of the group.



## Budget

Budget for 3 weeks of the Experiential Academic Program in Karnataka, India, for a minimum group of 10 students.

### 2.359 € per student

#### INCLUDES:

- Full registration costs academic
- Internship Activities and Volunteering
- Contribution to the local NGOs with which we work
- Academic support and development of final work
- Accommodation in a double-triple room
- All meals
- All transportation and transfers
- 2 Cultural Activities
- Professional support and 24x7 support

#### NOT INCLUDED:

- Air transportation
- Mandatory travel insurance with medical coverage
- Personal expenses

